



**Learning
Disabilities
Association
of Iowa**

What to Expect at an IEP Meeting: What Should Parents Do Before, During and After an IEP Meeting?

A Presentation by the
Learning Disabilities Association of Iowa
<https://ldaiowa.org>

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What to Expect at an IEP Meeting

- Purpose of IEP meeting
- There are different types of IEP meetings
- Parent notification of an IEP meeting
- Parent participation in an IEP meeting



Sources: <https://iowaideainformation.org/special-education/individualized-education-programs/types-of-individual-education-programs/>
<https://iowaideainformation.org/special-education/procedural-safeguards/parent-participation-in-iep-processes/>

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What Should Parents Do BEFORE the IEP Meeting?



Organize
your child's
IEP binder



Source: <https://www.understood.org/articles/how-to-organize-your-childs-iep-binder>

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What Should Parents Do BEFORE the IEP Meeting?



- Invite Guests / Advocates
- Prepare Your Concerns, Questions and Suggestions-See Planning Tool [HERE](#)
- Tell the School About Your Guests
- Relax and Reflect on Your Child

Source: <https://www.understood.org/en/articles/5-important-things-to-do-before-an-iep-meeting>

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What Should Parents Do DURING The IEP Meeting?

Five Things To Do:

1. Talk about your child
2. Keep an open mind
3. Ask questions
4. Focus on the outcome
5. Speak up for your child's rights - and yours



Source: <https://www.understood.org/articles/5-important-things-to-do-during-iep-meeting>

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What Should Parents Do AFTER The IEP Meeting?



- If it's not written down, it didn't happen
- Prior Written Notice (PWN) is a powerful procedural safeguard for parents
- Follow up (in writing) within 24 to 48 hours after an IEP meeting

Source: <https://www.mosaichaven.com/blog/the-iep-meeting-is-over-so-now-what>

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More Tips For AFTER the IEP Meeting

- Stay connected with the school
- Ask how you can help at home
- Keep good records and document
- Keep a running list of things you want to address in the next IEP
- Be positive/let them know when they are doing a good job
- Share any tips / insights about your child
- Review the IEP on a regular basis
- Put it in writing
- Don't make it personal.
- Focus on your child's needs
- Document, document document

Source: <https://www.ssdmo.org/Page/260>

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Resources

BEFORE: <https://iowaideainformation.org/wp-content/uploads/2020/06/Planning-for-Your-Childs-IEP-Meeting.pdf>

<https://iowaideainformation.org/wp-content/uploads/2020/07/What-to-Expect-at-an-IEP-Meeting.pdf>

<https://www.understood.org/en/articles/how-to-organize-your-childs-iep-binder>

DURING:

<https://iowaideainformation.org/special-education/procedural-safeguards/parent-participation-in-iep-processes/>

<https://www.understood.org/en/articles/5-important-things-to-do-during-an-iep-meeting>

AFTER:

<https://www.smartkidswithld.org/getting-help/the-abcs-of-ieps/after-the-iep-meeting/>

<https://www.understood.org/en/articles/5-important-things-to-do-after-an-iep-meeting>

<https://www.ssdmo.org/Page/260>

<https://www.mosaichaven.com/blog/the-iep-meeting-is-over-so-now-what>

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