

# LD MONTH

## WEEK 3

MONDAY 10/18

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**App of the Day:**  
Beeline Reader

Learn the signs of LD by grade level

Learn the signs of an adult learning disability.

**Mental Health Tip: Connect with Nature this Week!**

TUESDAY 10/19

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**App of the Day:**  
Mindful Powers

View LDA's parent resources

**Hear our podcast episode: "How Do I Manage Them, Me, and Their LD?"**

WEDNESDAY 10/20

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**App of the Day:**  
Grammarly

View LDA's educator resources

**Read: "The Hybrid Teacher: Hope for Students with LD in the Gen Ed Classroom"**

THURSDAY 10/21

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**App of the Day:**  
Prizmo

View LDA's adult resources

**Listen to our podcast episode: "Learning to Self-Advocate"**

FRIDAY 10/22

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**App of the Day:**  
BookShare

**Subscribe to The LDA Podcast on Apple Podcasts, Spotify, and Google Podcasts!**

SATURDAY 10/23

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**App of the Day:**  
A+ Spelling Test

**Follow the Healthy Children Project on Facebook and Twitter!**



**LDA**  
Learning Disabilities  
Association of America